

Bergen County Community

Resource List



As an organization, we are committed to improving your overall health and wellness. You recently completed a social needs screening, which helps identify any non-medical needs you may be experiencing, such as housing, food, or transportation. Below, please find a list of resources, if needed, to address any identified need. These services are low cost or free of charge. If you are looking for a more specific resource not listed below, please go to: <https://www.findhelp.org/> or <https://www.njhelps.gov/>. You can also call the NJ Hotline 211 for help with any of the resources on this list.

FOOD RESOURCES

Department of Health: WIC

1-800-328-3838 | PO Box 360, Trenton, NJ

<https://www.state.nj.us/health/fhs/wic/>

Can enroll in WIC benefits online
WIC provides wholesome food, nutrition education and community support for income eligible women who are pregnant and post-partum, infants and children up to 5 years old.

Community Food Bank of NJ

Visit this link:

<https://outlook.office365.com/owa/calendar/ResourceAccess@cfbnj.org/bookings/>



or **scan code on left** to schedule a virtual appointment for SNAP Assistance. Supplemental Nutrition Assistance Program (SNAP) provides nutrition benefits to supplement the food budget of needy families.

Center for Food Action

Englewood: 201-569-1804 | Hackensack: 201-883-9375

Locations throughout Bergen County

<https://www.cfanj.org/>

Food pantry that offers food packages to Bergen County residents

UTILITY ASSISTANCE

NJ Energy Assistance

1-800-510-3102

<https://www.nj.gov/dca/divisions/dhcr/offices/energy.html>

A variety of energy assistance resources

Greater Bergen County Community Action

201-488-5100 ext.7008

392 Main Street Hackensack, NJ

Energy bill assistance and weatherization assistance programs

<https://www.greaterbergen.org/>

HOUSING RESOURCES

Bergen County Department of Social Services Housing Authority

201-336-7600

https://habcnj.org/contact_us/index.php

A variety of different housing resources

North Hudson Community Action

201-866-3140

<https://nhcac.org/>

Housing counseling and tenant advocacy programs

CHILD CARE RESOURCES

Greater Bergen Early Head Start Program

201-384-9885

100 Portland Ave, Bergenfield, NJ

<https://www.gbcaheadstart.org/bergenfield-head-start>

Early childhood education

Bergen County Office for Children

201-336-7150

<https://www.co.bergen.nj.us/division-of-office-for-children/about-office-for-children>

Child care resources

Child Care Subsidy Program-Division of Family Development

800-332-9227

<https://www.childcarenj.gov/>

Child care assistance programs

HEALTH LITERACY RESOURCES

Literacy NJ

732-906-5456

<https://literacynj.org/>

Adult literacy services

HEALTH CARE ACCESS

North Hudson Community Clinic

201-210-0200

197 S Van Brunt Street, Englewood, NJ

<https://nhcac.org/>

Clinic that offers primary care and dentistry services

NJ Family Cares

1-800-701-0710

<https://njfamilycare.dhs.state.nj.us/>

Low-cost healthcare coverage

Get Covered NJ

<https://www.nj.gov/getcoverednj/>

New Jersey's official health insurance marketplace

TRANSPORTATION RESOURCES

Access Link

973-491-4224

<https://www.njtransit.com/accessibility/access-link-ada-paratransit>

Public transportation options for people with disabilities

Modivcare

<https://www.mymodivcare.com/>

Non-emergency medical transportation

SOCIAL ISOLATION RESOURCES

Vantage

93 W Palisade Ave Englewood, NJ

2 Park Ave Dumont, NJ | 201-567-0059

<https://vantagenj.org/>

Vantage offers a variety of behavioral health resources including support groups and senior programs

Center for Revitalizing Psychiatry

795 Main Street Hackensack, NJ | 201-380-2215

<https://www.revitalizingpsychiatry.com/>

Psychiatric services for all age groups and group therapy*If you are experiencing social isolation or feelings of loneliness, also look into joining a local community or senior center, or faith community

HOME SAFETY RESOURCES

CHORE from Bergen Volunteers

201-489-7790

<https://www.bergenvolunteers.org/cheer-chore>

CHORE helps seniors and those with disabilities by providing installation and repair services.

Back Home Safely

973-219-4147

<https://backhomesafely.com/about/>

A home modification organization that is creating safe and accessible homes in NJ.

DOMESTIC ABUSE RESOURCES

Bergen County Human Services Division of Alternative to Domestic Violence Hotline

201-336-7575 - 24 hour hotline

Domestic Abuse Hotline

1-800-799-7233 – 24 hour hotline

<https://Njaconline.org>

NJ Statewide Domestic Violence Hotline

1-800-572-SAFE - 24 hour hotline

Center for Hope and Safety

201-944-9600

12 Overlook Ave Rochelle Park, NJ

<https://hopeandsafetynj.org/>

A variety of services for adult and child victims of domestic violence.

Women's Rights and Information Center

201-731-6434

<https://www.womensrights.org/services>

Support and advocacy for those affected by domestic violence, sexual abuse, etc.